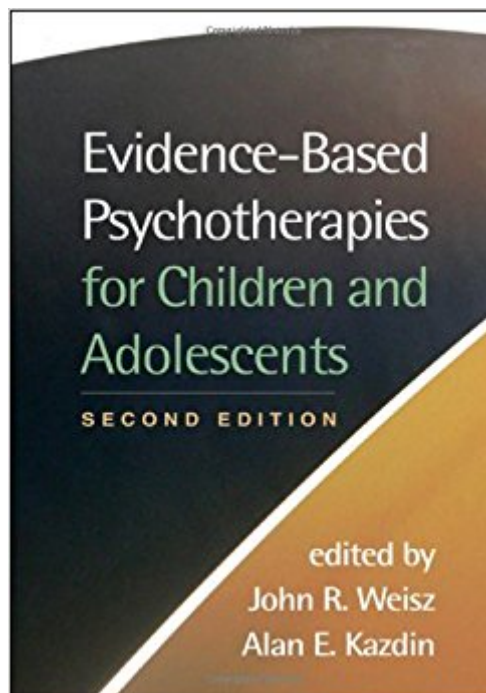




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# **Evidence-Based Psychotherapies For Children And Adolescents, Second Edition**



## Synopsis

Widely regarded as a premier text and clinical resource, this book presents exemplary treatment approaches for a broad range of social, emotional, and behavioral problems in children and adolescents. Concise chapters from leading authorities describe the conceptual underpinnings of each therapy, how interventions are delivered on a session-by-session basis, and what the research shows about treatment effectiveness. Contributors discuss recommended manuals and other clinical and training resources and provide details on how to obtain them.

## Book Information

Hardcover: 602 pages

Publisher: The Guilford Press; 2nd edition (January 13, 2010)

Language: English

ISBN-10: 1593859740

ISBN-13: 978-1593859749

Product Dimensions: 1.5 x 7.2 x 10.5 inches

Shipping Weight: 2.6 pounds

Average Customer Review: 4.7 out of 5 stars 15 customer reviews

Best Sellers Rank: #67,905 in Books (See Top 100 in Books) #38 in Books > Health, Fitness & Dieting > Psychology & Counseling > Psychiatry > Child #62 in Books > Health, Fitness & Dieting > Mental Health > Compulsive Behavior #67 in Books > Textbooks > Medicine & Health Sciences > Nursing > Clinical > Psychiatric

## Customer Reviews

"There are no easy answers in the national debate on evidence-based practice, and this book doesn't offer easy solutions. Instead, Weisz and Kazdin capture the complexity of the issue and help my students articulate the important questions that need to be answered. Cutting-edge chapters on specific treatment approaches are written by leading psychotherapy researchers. The volume is rich in detail about the nuances of manualized interventions; clearly tells the story of the interventions' development and evaluation; and links the interventions to theoretical frameworks. I appreciate the fact that the chapters span multiple theoretical frameworks, with a strong emphasis on cognitive-behavioral interventions. This is an important book on psychological services for children and adolescents."--Beth Doll, PhD, School Psychology Program, University of Nebraska-Lincoln

"This impressive work presents clearly articulated psychosocial interventions that are applicable to a wide range of child and adolescent problems encountered in clinics, homes,

schools, and other settings. When used with careful attention to client characteristics and preferences, the ideas and methods in this volume offer practical direction and structure for delivering coherent psychotherapy services to young people and their caregivers."--John J. Murphy, PhD, Department of Psychology and Counseling, University of Central Arkansas "An expertly edited, impressive, comprehensive, and cutting-edge reference. This volume covers not only interventions that are well established, but also those undergoing development and testing, including innovative approaches that are pushing the field in new directions. It clearly will be an invaluable resource for clinical scientists; for practitioners striving to incorporate evidence-based treatments into clinical and community settings; and for graduate students in clinical, counseling, and school psychology. The book is readable and user friendly, making it an excellent classroom text for graduate-level courses in psychological interventions."--Annette M. La Greca, PhD, ABPP, Cooper Fellow and Professor of Psychology and Pediatrics, University of Miami "The editors and contributors are all experts in their fields who are committed to integrating research and practice, resulting in a work that is both comprehensive in scope and practical in application. Particularly noteworthy additions to the second edition include advances in developing ethnically and culturally sensitive interventions and emerging issues in treatment implementation and dissemination. I highly recommend this book to any clinician committed to evidence-based practice with children and adolescents--which should mean everyone! It also would make an excellent text for graduate courses in school psychology, counselor education, counseling psychology, clinical child psychology, and social work."--David N. Miller, PhD, Department of Educational and Counseling Psychology, University at Albany, State University of New York "The second edition of this highly regarded work is essential for anyone who wants to be brought up to date on what is happening in the field. Weisz and Kazdin are the international leaders, and together with their excellent contributors, they demonstrate that a great deal of progress has been made. We have a better understanding of what works for which conditions, and we are beginning to gain a better grasp of what it is that brings the benefits. The book also discusses major challenges that still remain. This is a great reference that provides guidance on many important practical issues."--Michael Rutter, MD, Social, Genetic, and Developmental Psychiatry Centre, Institute of Psychiatry, Kings College London, United Kingdom "Fully updated and even more comprehensive and relevant to the real world, this second edition is most impressive. It is a 'must read' for advanced students, practitioners, and investigators. This volume sets a high bar with its all-too-rare combination of rigor and accessibility. Bravo!"--Stephen P. Hinshaw, PhD, Professor and Chair, Department of Psychology, University of California, Berkeley "This book sets the standard for presenting evidence-based

psychological interventions for children and adolescents. The second edition adds to the breadth and depth of the original volume, with chapters on the treatment of additional disorders and a new section on implementing evidence-based interventions outside the boundaries of a typical study. Weisz and Kazdin are widely acknowledged leaders in the field. In the era of evidence-based practice, this definitive resource should be in every child clinician's office."--David H. Barlow, PhD, ABPP, Professor of Psychology and Psychiatry, Boston University, and Interim Director, Center for Anxiety and Related Disorders" This is an excellent academic text for anyone wanting to seriously consider what may be the most effective way of working with this client group, or for students who need to compare different therapeutic interventions." (Counselling Children and Young People 2010-01-15)

John R. Weisz, PhD, ABPP, is Professor of Psychology at Harvard University, Faculty of Arts and Sciences, and Professor at Harvard Medical School. He is also President and CEO of the Judge Baker Children's Center, an affiliate of Harvard Medical School specializing in child and adolescent mental health research, training, direct service, and media outreach. Dr. Weisz has previously held faculty positions at Cornell University, the University of North Carolina at Chapel Hill, and the University of California, Los Angeles. He has served as President of the Society of Clinical Child and Adolescent Psychology and of the International Society for Research in Child and Adolescent Psychopathology. Dr. Weisz is Director of the Research Network on Youth Mental Health, sponsored since 2001 by the MacArthur Foundation. His books and articles focus on youth problem behavior and psychotherapy for children and adolescents. Alan E. Kazdin, PhD, ABPP, is the John M. Musser Professor of Psychology and Child Psychiatry at Yale University and Director of the Yale Parenting Center and Child Conduct Clinic, an outpatient treatment service for children and families. He has served as President of the American Psychological Association and received its Outstanding Lifetime Contribution to Psychology Award in 2009. At Yale, he has been Chairman of the Psychology Department, Director and Chair of the Yale Child Study Center at the School of Medicine, and Director of Child Psychiatric Services at Yale-New Haven Hospital. Dr. Kazdin's work focuses on child-rearing practices and the treatment of oppositional, aggressive, and antisocial behavior among children and adolescents. He has authored or edited more than 650 articles, chapters, and books. His 45 books focus on child and adolescent psychotherapy, parenting, aggressive and antisocial behavior, and methodology and research design.

The readings are interesting, and the text is easy to follow.

I continue to hold on to this book as a valuable reference in my practice for when I need refreshers.

Given the nature of the topic, the book is actually pretty easy and fun to read and gives really great breakdowns of the different treatment options and techniques for the different childhood disorders. I like the way the book is broken down as well, and how thorough the chapters are.

Well written, concise.

Pretty good review of the evidence based practices. It's an easy read that is quite easy to follow. Purchased for a class and enjoyed the chapters that were assigned.

Useful text for students of Psych who want to know about current treatment models. Accessible text and great resource, esp for students.

good book

Good condition

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